WELLBEING

At Mirboo North Secondary College, we are committed to creating a safe and welcoming environment where everyone can learn and excel. Student wellbeing is central to everything we do. We believe that students learn best when they feel safe, supported, and connected — and we are proud of the proactive, inclusive environment we provide to help every young person thrive.

A Whole-School Approach to Wellbeing

Our Wellbeing Team, led by the Student Wellbeing Coordinator and Assistant Principals, works collaboratively to provide confidential, caring, and timely support to students. The team meets regularly to review student needs, guide wellbeing priorities, and implement strategies that foster positive mental health and a strong sense of belonging.

We are proud to embed social and emotional learning into our everyday practice through the XSEL (eXcellence in Social and Emotional Learning) program. XSEL is delivered weekly across year levels and is grounded in the principles of The Resilience Project, promoting gratitude, empathy, mindfulness, and emotional literacy.

Key Wellbeing Staff

Our committed and approachable team includes:
– Student Wellbeing Coordinator – Kylie Wright
– School Nurse – Emma Hughes
– Mental Health Practitioner – Sandra Challis
– College Chaplain – Monti Voigt
– Assistant Principal and Principal
– Middle and Senior School Leaders
– Department of Education student support staff including psychologists and social workers

Our staff are supported by strong partnerships with external agencies, ensuring students have access to the right help at the right time. Our key partners include Headspace, Berry Street, Anglicare Victoria, DFFH, and Quantum Support Services.

Programs and Opportunities

To promote wellbeing and engagement, the College offers a diverse range of opportunities beyond the classroom:
– A vibrant lunchtime activities program and student-led clubs
– Instrumental music tuition and participation in school bands
– An inclusive sports program and interschool events
– Homework club and academic support programs
– International study tours to foster global awareness and resilience

We prioritise student voice and leadership with an active student representative council known as VoS (Voice of Students) as well as student forums in all Years 7–12. These empower students to shape school initiatives and strengthen their leadership capabilities.

A Positive Pathway for Every Student

At Mirboo North Secondary College, our wellbeing programs and partnerships reflect our core vision — to create a safe and welcoming environment where everyone can learn and excel. Through a combination of proactive wellbeing initiatives, targeted support, and inclusive opportunities, we ensure that all students are empowered to thrive — socially, emotionally, and academically.